

# WECHSELPOLKA

(Germany - Poland)

Wechselpolka (VEX-sell-pole-kah), or "Progressive Polka", is a dance done by the Germans who settled in the Kujavien area of Poland, which is just north of the Varta River, midway between Poznan and Warsaw. The dance was introduced at the University of the Pacific Folk Dance Camp in 1967 by Walter Kogler.

MUSIC: Record: Tanz EP 58-123.

FORMATION: A circle of cpls in ballroom pos, M back to ctr of circle.

STEPS AND Polka;\* Walk.\*

STYLING: Ftwk given for M; W on opp ft throughout dance.

\*Described in Volumes of "Folk Dances from Near and Far", published by the Folk Dance Federation of California, Inc., San Francisco, California 94103

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MUSIC 2/4

PATTERN

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Measures

4 meas INTRODUCTION No action

A I. POLKA PROMENADE

1-8 Beginning with outside ft, cpls dance 16 polka steps around the circle, turning CW as they progress CCW (LOD).

1-8 rptd End in open dance pos, both facing ctr, ML-WR hands joined.

B II. TO CENTER AND OUT: PROGRESS TO NEW PTR.

1 Step fwd twd ctr on L (ct 1), close R to L, taking wt (ct 2).

2 Step fwd on L again (ct 1), touch R toe beside L (ct 2).

3 Step bkwd, away from ctr on R (ct 1), close L to R, taking wt (ct 2).

4 Step bkwd on R again (ct 1), touch L toe beside R (ct 2).

5 Step fwd twd ctr on L (ct 1), close R to L, taking wt (ct 2).

6 Repeat action of Fig II, meas 5.

7-8 Release hands and turn away from ptr, (M to L, W to R) once around with 4 walking steps, LRLR.

1-8 Repeat action of Fig II, except M turn only 1/2 around, moving slightly in RLOD to meet new ptr.

Repeat dance to end of music, with new ptr on each repetition.